

Wednesday, January 17, 2024

Good Morning Ketcham Nation!
Today is Day 3

Today's Motivation: Remember that not getting what you want is sometimes a wonderful stroke of luck.

WRESTLING

HUGE weekend for Ketcham at this past weekend's Wrestling tournament at Highland High School! RCK had 8 wrestlers place in this year's tournament. Angelo Battista took 1st place in his weight class. Angelo won all 4 of his matches and was named MVP and Most Outstanding Wrestler of the tournament. Connor Mako finished in 2nd place going 4-1 in his weight class. Dom Best and Figo Matute and Shane Rostron all placed 4th in their weight classes. Kenny Chapman placed 5th. Michael Ricci and Chris Thomison took 6th place in their weight classes. Ketcham placed 5th overall in total team points out of 12 teams.

TRACK & FIELD

VA Beach Showcase: Congratulations to Connor Hitt and Abby Kowalczyk for an opportunity to be invited to compete against a national-caliber group of athletes in the 1,000-meter run and 2-mile run, respectively. Abby set a personal best in her race while Connor ran his second-best time to finish fourth overall in his race.

Suffern Invitational: Congratulations to Jezreel Brooks, Austin Deler, Aaron George, Jacob Pesantez, Justin Iorio, Matt Kowalczyk and Dante Penasso for setting personal bests in their events. For the girls, Natalie Post, Elizabeth Delrosso, Aubrey Lawler and Ella Thyrrer all set new personal records.

OMG CLUB

The OMG Christian Club will be meeting today, Wednesday, January 17 afterschool in room 233. All are welcome to attend.

POKEMON CLUB

Pokemon Club will be meeting on Wednesday 1/17 in Room 255. Please note the change in day. If you have any questions please see Mrs. Sivco.

FRENCH HONOR SOCIETY

The French Honor Society will meet on Wednesday, January 17th after school in room 343 to discuss upcoming events and activities. All members please make every effort to attend!

REGENTS BOOT CAMPS

Free review sessions for January Regents exams continue today after school.

Algebra - Room 331

Tomorrow's sessions:

Chemistry - Room 355

Geometry - Room 331

Earth Science - Room 299

A schedule of all upcoming review sessions can be found on the RCK

website. <https://drive.google.com/file/d/1gN4vud4BMR9S8FSERDfLVNf4HRa5aU2m/view>

FAFSA

Attention Seniors & Families!!!

The 2024-2025 FAFSA is currently available to complete. You can find the application

here. <https://studentaid.gov/h/apply-for-aid/fafsa> Please be aware that the website has been experiencing some difficulties. If you are having difficulties with the website, please be patient and continue trying.

DCC INSTANT DECISION DAY

Dutchess Community College will be visiting on Monday, February 12th from 9:20-11:40 am (periods 3, 4, & 5) in the computer lab for Instant Decision Day. Stop by to work through your application with an admissions representative and be given an instant decision on your acceptance. Pre-registration for the event is available through SCOIR.

ATTENTION SENIORS!!!

Gabriella Fryer from The Community Foundations of the Hudson Valley will be joining us on Tuesday, January 30th, during periods 4 & 5, to present on the scholarship portal. Seniors may come to either one of her presentations in the LGI. Please bring your Chromebook as you will have the opportunity to fill out the application. for more information on the Community Foundation of the Hudson Valley, visit <https://communityfoundationshv.org/scholarships/>

CTI FIELD TRIP

For interested students in the Class of 2025 & 2026, RCK will visit BOCES CTI (Career & Technical Institute) for an exploratory field trip. If you are interested in attending BOCES CTI for the upcoming school year, please join us on Tuesday, January 30th for an Exploratory Field Trip. This is a great opportunity to get a first-hand glimpse of what attending a Career and Technical Program at CTI is like. To attend the field trip, you must complete the Google Form posted on your grade-level Google Classroom and hand in the permission slip no later than Tuesday, January 23rd to Ms. Vitale in the Guidance Office (Room 217). If you have any questions or concerns, please contact your school counselor. Space is limited, so please don't wait!

SENIORS ONLY TRIP

Class of 2024 trip to Barclays Center to see the Brooklyn Nets take on the Cleveland Cavaliers on Thursday, Feb. 8. Bus leaves RCK at 3:30pm. Game time is 7:30pm. Estimated return to RCK 11-11:30pm. Cost is \$75 and includes game ticket/fees, coach bus ticket and snacks/water for the ride. There will be time to explore Barclays shops and grab food before tipoff. Permission slips available in Main Office, from Mr. Rifenburg in Room 101 or Ms. Bunt in Room 241. Permission slips and cash payment are due Jan. 26. There is one bus, but another will be added if there is demand. Questions? See Mr. Rifenburg or Ms. Bunt.

CREW

Wappingers Crew Club has Novice Tanks at the Hudson River Association Boathouse running every Saturday in January. If you are interested in rowing in the spring, come check out the boathouse! Fill in the Google Form in your email. <https://docs.google.com/forms/d/e/1FAIpQLScMEP8I4XNFVCD9fKV1qMhDtselhfDeZJldVEMhAkU-Lkmx9Q/viewform>

SCHOLARSHIPS

The Community Foundation Scholarship Program application portal is currently open. Students can register and apply for several local scholarships by submitting one application. Follow the link for more details or see your counselor. <https://communityfoundationshv.org/scholarships/>

Scholarship information is consistently updated on the Senior Google Classroom and on the scholarship link on the School Counseling webpage:

https://docs.google.com/spreadsheets/d/e/2PACX-1vSQI9lpLdXiG-2I5hjP5FpW-tJ_sMFJH5yqUo8y4r5LVW90Xzey5VnacRgcDd98BFmkceCyCKbo00Rh/pubhtml

Community Foundation Scholarship Workshops:

Monthly virtual scholarship workshops are offered monthly via Zoom. Attendees are led through the online scholarship process and questions are answered throughout the workshop. This event is open to high school students and/or their parent/guardians, undergraduate college students, high school teachers, guidance counselors, and any high school staff or administration. Registration is required and these workshops are .Go to the website <https://communityfoundationshv.org/scholarships/> and click on any of the dates below to register. The Workshop Zoom link will be emailed to all registrants on the morning of each session.

Thursday, February 1, 2023 @ 6:00 pm #2 of 4

Tuesday, March 5, 2023 @ 6:00 pm #3 of 4

Wednesday, April 3, 2023 @ 6:00 pm #4 of 4

WINNERS CIRCLE

Anyone that may want to be in the Winner's Circle class next year please contact Mr. Bliss (room 223). This is the class where we build a 1965 Shelby Cobra race car. There will be an informational meeting in February, to attend the meeting students need to come to me (or Mr. Yahn or Mr. Musch) to get on the list to attend the meeting. You must come in person. If you do not attend this meeting you will not be eligible for the class.

YEARBOOK

There is a limited quantity of yearbooks available. You can still secure a book by ordering now at <https://buytheyearbook.pictavo.com/login> School Code 715765

Don't miss out!

EARTH SCIENCE BOOT CAMP

Earth Science bootcamp originally scheduled for Wednesday, Jan. 17th has been postponed to Thursday, Jan. 18th immediately after school in room 299. Reminder that the Earth Science lab practical is on Tuesday, Jan. 23rd at 7:30 a.m. for all those taking the Earth Science Regents exam in January.

SENIOR TRIBUTE ADS

Celebrate your Senior with a tribute ad in the yearbook. The deadline to order is 2/23/24, but don't wait! Take care of it now before the rush of graduation sets in. <https://www.tributeads.com/>

SPORTS TALK CLUB

The Sports Talk Club will begin meeting in January. The class code is n6m2omg and all the information will be in the classroom

SKI & SNOWBOARD CLUB

Registration to join the Ski & Snowboard Club is open. Students must register online and provide the transportation fee to secure their spot. A very limited number of spots are still available - so don't delay! To join, please begin the registration process online. The registration form may be found here <https://forms.gle/E6G8gPmE7t98EAB19>
For more information, please visit our Google Classroom at class code: gpnknlc

LITERARY MAGAZINE

The RCK Literary Magazine is the perfect club for anyone who enjoys expressing their creativity through their writing, art, or photography. Our Prompt Challenge for December/January is "Holiday and Winter Traditions" Share your warming tales with us! Submit your work to this form to be featured in the 2024 Issue: <https://forms.gle/vQHRUaG6PegfT23E9>
Our meetings are after school on Thursdays in room 208. Join us! Google Classroom Code: lrh2tys

OTHER MUSIC CLUB

A club for anyone who is interested in creating their own music of any kind! The Other Music Club is a space to discuss, share, and create live music as a community. No musical skill is necessary, just a willingness to participate. We are aiming to have some sort of performance/ battle of the bands later in the year to showcase students' music (collaborative or individual). Anyone is welcome to join us on Wednesdays in room 203 from 2:30 to 3:30!

UNICEF

Are you interested in quality community service, advocating for the human rights of women and children, and a fun after-school activity? UNICEF is the club for you! We meet every other Tuesday in room 336! Join the GC for more info! GC: ovydeut

PTSA

Please help support our students, faculty and staff with your PTSA membership. Sign up online: <https://rck.memberhub.com/store?limit=21&live=true>

RCK ATHLETICS

Good luck to the Ketcham teams competing today! Varsity Girls Bowling vs Carmel, Varsity Boys Swimming/Diving at White Plains, JV Boys Basketball at Poughkeepsie, Varsity Boys Basketball at Poughkeepsie, Gymnastics at Mahopac. Let's go RCK!

ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

Make this a great day RCK and remember to go #All In All Ways.

Your principal,
Dave Seipp